



Frequently Asked Questions

When and where are classes?

The college welcomes all ages and levels ranging from Tinies to Masters.

Address: Avonde Studios, 583 Keilor Rd, Niddrie

<u>TINIES</u> (3 - 7 years)	Saturdays 9.15am - 11.30am
<u>JUNIORS</u> (13 years & under)	Saturdays 12.30pm - 4.00pm
<u>INTERMEDIATES</u> (16 years & under)	Fridays 5.30pm - 9.30pm
<u>SENIORS</u> (16 years & over)	Tuesdays 6.30pm - 10.30pm
<u>MASTERS</u> (26 years & over)	Mondays 7.00pm - 9.00pm
<u>RECREATIONAL CLASSES</u>	Thursdays 4.15pm - 7.30pm

Address: Avondale Heights Learning Centre Gymnasium

SUB JUNIORS (10 years & under) Saturdays 9.30am - 1.00pm

Avonde Calisthenics College is a competitive Championship club. As the competitions draw nearer, extra rehearsals will be scheduled. Including; one class will be held over the school holidays. * Classes do not run over Easter.

Competitions

Avonde Calisthenics College teams participate in a series of competitions in the second half of the year, all of which are accredited by Calisthenics Victoria Incorporated (CVI). There are 4 or 5 competitions, commencing in July / August and concluding in October at the Royal South Street Competition in Ballarat.

In November, team items are presented at our concert that showcases the club's amazing depth of talent and skill.

Fees

Fees are charged each term (1-3) and are payable at the end of February, May and August.

Fees cover:

- All scheduled classes for the year
- Ballarat Coaches costs for certain sections
- Competition Fees
- Club Levy (includes Hall hire, coaching allowances, trailer registration, First aid supplies, Makeup, Rod / Club coverings, Medals / trophies (over and above prize-winning money))
- Costume Hire
- CVI Registration
- Props
- DVD & Audio Levy
- Additional full class practices

Costumes

All costumes are hired from the Club. When a new costume is required it is the responsibility of the parent to make that costume or organise for it to be made. The Club has a number of dressmakers available to make costume at a very reasonable fee.

Further information

The Avonde website www.avondecalisthenics.com.au contains general information relating to the Club and news of upcoming events. Avonde can also be contacted via our email address: info@avondecalisthenics.com.au or call us on:

Susana Maltaric	0422 333 621
Karen Currie	0412 871 121
Di Lukey	0417 523 432

You can also follow us on Facebook (Avonde Calisthenics College) and Instagram (avondecalisthenicscollege).